

# **INTAKE**

## **Change is a Choice!**

### **Purpose:**

The purpose of the intake session is to gather information and determine if the services offered by the Violence Intervention and Prevention Program (VIPP) are appropriate for the client.

### **Procedure:**

The intake session is an individual session in which the client is required to complete the paper work necessary to register as a client of the agency. The counselor discusses the limits of confidentiality, collects background information and listens to the client's story. Another important component of the interview process is to present the client with basic tools that may be used to control and avoid abusive behavior. This is done through the discussion of situational and physical cues to anger, and handouts detailing time-out techniques, positive self-talk, and guidelines for respectful argument.

Friends of the Family has a 24 hour crisis line that is accessible to all clients when they need support to calm themselves down, or when they are in crisis. The crisis line number and other referrals (as deemed necessary) are given to the client.

### **Fees:**

The client is required to pay \$ 35 for the Intake session. Scholarships are available for clients and should be discussed with the counselor at the intake session.